Sphynx Cat Bathing Checklist

☐ Coconut based Oil
☐ Plastic cup
☐ Large Bath Towel
☐ Small Hand Towel
☐ Wash Cloth
☐ Cat Wash/Soap
☐ Exfoliating Gloves

Preparation
☐ Make sure the atmosphere in the house is warm, quiet and relaxed

☐ If nose is heavily discoloured from saliva enzymes, rub small amount coconut based oil on dark area before starting

☐ Run warm water, not hot, into tub, sink or large bowl

☐ Lay out towels, washer, shampoo in a handy place close by

☐ Place small hand towel in water to create a non-slip area for your Sphynx to stand on
Bathing

- Grasp your Sphynx firmly and place in the water. Hold around neck nape area to soothe any struggling.

- Speak in a low reassuring voice and praise your Sphynx for being so good in the bath.

- If your Sphynx is struggling spend a few moments letting them become used to the fact you are not going to let them out of the water.

- Once your Sphynx is calm(er) use the plastic cup to scoop water onto their body, continue to reassure in a low voice.

- Make sure you have one hand on your Sphynx at all times to deter any sudden move to escape. Pushing firmly, but gently, down between the shoulder blades works well.

- When your Sphynx is thoroughly wetted, using a face washer/exfoliating glove and cat shampoo, start cleaning the face with short firm strokes like a mother cat cleaning a kitten. Keep telling your Sphynx how clever they are.

- Ensure the tear grooves, check folds, and wrinkles around the mouth are thoroughly cleaned by stretching flat if necessary.
☐ Wet the body with more water and move to the chest and underarms. Again pay attention to the folds of skin.

☐ Lift each front foot and clean between the pads. If your Sphynx is docile then you can also clean under the nail folds. If they are struggling then leave that for when the nails are to be cut.

☐ Moving along the back and stomach area is fairly straightforward. Wet again with water if they have drained off.

☐ Again, if your Sphynx is docile, clean the back feet between the pads, and under the nail folds

☐ Wash the tail

☐ Finally wash the genital and rectum area ignoring the dirty looks you are going to get while doing it.

☐ Praise your Sphynx and lift them into a dry towel and swaddle.

☐ Depending on your cat’s temperament you may dry vigorously and reward with a treat, or pat them dry inside the towel and let them snuggle up in the towel for a quick snooze.